

PARENTING CLASS SCHEDULE HOPE PREGNANCY CENTER-TEMPLE

Classes every Monday 5:30-7:00 pm unless the center is closed for a holiday or otherwise stated

Lesson: Home Safety/SIDS/Abusive Head Trauma

January 14, 2019

Melissa Mesecke (Injury Prevention-McLane Children's Hospital)

Lesson: Pregnancy Overview

January 21, 2019

Gladys Santiago (Hope Pregnancy Center)

Lesson: Car Seat Safety

January 28, 2019

Heidi Berard, BBA, CPSTI (KidSafe Program Coordinator-BS&W)

Lesson: Labor and Delivery

February 4, 2019

Eliana Inocencio (RN, L&D BS&W)

Lesson: Newborn Care 1

February 11, 2019

Dr. Newman (Pediatrician-Baylor Scott & White)

*****February 18th - President's Day - No Class *****

Lesson: A Healthier You- Nutrition (Parts 1&2)

February 25, 2019

Andrea Haubner (Texas A&M AgriLife Extension Service)

Lesson: Breastfeeding

March 4, 2019

Stevi Acery (RN, Lactation Consultant, Baylor Scott & White)

Lesson: Home Safety/SIDS/Abusive Head Trauma

March 11, 2019

Melissa Mesecke (Injury Prevention-McLane Children's Hospital)

Lesson: Newborn Care 2

March 18, 2019

Dr. Saenz (Pediatrician, McLane's Children Hospital)

*An optional Dad class will be offered **whenever possible** to those interested and will take place at the same time as the scheduled class. Dads will receive Baby Dollars for attending class.

“We love because He first loved us.” 1 John 4:19